

# Elementary/Middle Weekly Menu 2020

## APRIL 6-10

	BREAKFAST	LUNCH	SNACK	
M	Pancake (syrup) Fresh slice Apples Milk	Black beans & White rice Fish nuggets Fruit Cocktail, Milk	Wheat Twins Crackers Apple Juice	W
T	Cheerios Cereal (GF), Fruit Cocktail, Milk	Spaghetti with Ham (Sauce & Cheese) Garlic Bread Juice	Yogurt Pretzels	E
W	Blueberry muffins, Fresh sliced Orange Milk	Pork Picadillo, Brown Rice, Sweet plantains, Popsicles	Animal crackers Milk	K
TH	Egg Patty, Whole Wheat Toast Diced Peach, Milk	Chicken Patty on a Bun, Lettuce & Tomatoes, Tater Tots, Chocolate Milk	Cheese Strings, Saltine Crackers.	#
F	Rice Crispy Cereal, Fruit Cocktail, Milk.	Subway Meatball sandwich, Potatoes Chips Assorted Cookies Soda	Assorted Mini muffins Orange Juice	1

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## APRIL 13-17

	BREAKFAST	LUNCH	SNACK	
M	French toast Sticks (Syrup) Diced Peach Milk	Seasoned Red Beans, White Rice Chicken nuggets, Pineapple Tidbits Juice	Graham Crackers (individual) Orange Juice.	W
T	Cheese Quesadilla Banana, Milk.	Macaroni with Meat (Cheese) Garlic Bread, Sliced Apples, Milk	Ritz Crackers, Fruit Sorbet	E
W	Raising Mini Bagel (Cream Cheese) Pear Milk	Brown rice, Black Beans, Breaded Fish sticks, Diced Pears, Popsicles	Cheese crackers Milk	K
TH	Corn Flakes Cereal, Orange Sections, Milk.	Rice with Baked Chicken, Potatoes chips Juice	Cheese Slices, Soft Tortilla	#
F	Biscuit (butter) Fresh Orange, Milk	Beef Patty on a Bun, Lettuce & Tomatoes, Baked French Fries Chocolate Milk	Goldfish Crackers, Yogurt	2

# Elementary/Middle Weekly Menu 2020

## APRIL 20-24

	BREAKFAST	LUNCH	SNACK	
M	Kaiser Roll (Butter), Apricot Halves, Milk	Split Peas, Brown Rice, Ground Beef, Sliced Pears, Apple Sauce (individual)	Cheese Crackers Milk	W
T	Sliced Bread Toast (Butter) Fresh Pears, Milk	Hot dog Baked French Fries Tropical Fruit Juice	Saltine Crackers, Apple Sauce Individual	E
W	Mini Pancakes (Syrup) Banana, Milk	Fish Patty on a Bun Tomatoes, Baked sweet potatoes, Soda	Sliced Apples (individual bags)	K
TH	Cheese Omelet, Bread, Diced Peaches, Milk	Congris (Black Beans) Chicken Tenders, Apple Sauce Individual,	Blueberry muffins, Orange Juice	#
F	Assorted mini muffin, Sliced Apples, Milk	Beef Tacos, Soft Tortilla, Lettuce & Diced Tomatoes, Cheddar Cheese, Fruit Cocktail, Juice	Yogurt Animal Crackers	3

# Elementary/Middle Weekly Menu 2020

## APRIL 27-30

	BREAKFAST	LUNCH	SNACK	
M	Corn Flakes Cereal, Mix Fruit Cocktail Milk	Lentil Soup, Brown Rice, Ham Slice, Apple Sauce individual	Cheese Sticks Strings, Wheat Crackers	W
T	Cinnamon raising Bagel (Cream cheese) Fresh Sliced Apples Milk	Brown Rice with Ham & Corn, Baked Chips Juice	Graham Crackers, Milk	E
W	French toast Sticks (syrup), Diced Peach Milk	Macaroni (Sauce and Cheese) Chicken Tenders, Sliced Peach, Milk	Goldfish Cracker Pretzels, Apple Sauce	K
TH	Biscuit (butter), Fresh Orange sliced, Milk	Turkey Picadillo Brown rice, Sweet Plantain Diced Peaches, Popsicles	Ritz Crackers, Orange Juice.	#
F	Kellogg's Crispy Cereal, Banana, Milk	Chicken Patty on a Bun, Lettuce & Tomatoes, Assorted Chips Fruit Cocktail, Soda	Banana muffin, Orange Jell-O.	4