

Elementary/Middle Weekly Menu 2020

FEBRUARY 3-7

	BREAKFAST	LUNCH	SNACK	
M	Pancake (syrup) Fresh slice Apples Milk	Black beans & White rice Fish nuggets Fruit Cocktail, Milk	Wheat Twins Crackers Apple Juice	W E E K # 1
T	Cheerios Cereal (GF), Fruit Cocktail, Milk	Spaghetti with Ham (Sauce & Cheese) Garlic Bread Juice	Yogurt Pretzels	
W	Blueberry muffins, Fresh sliced Orange Milk	Pork Picadillo, Brown Rice, Sweet plantains, Popsicles	Animal crackers Milk	
TH	Egg Patty, Whole Wheat Toast Diced Peach, Milk	Chicken Patty on a Bun, Lettuce & Tomatoes, Tater Tots, Chocolate Milk	Cheese Strings, Saltine Crackers.	
F	Rice Crispy Cereal, Fruit Cocktail, Milk.	Subway Meatball sandwich, Potatoes Chips Assorted Cookies Soda	Assorted Mini muffins Orange Juice	

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FEBRUARY 10-14

	BREAKFAST	LUNCH	SNACK	
M	French toast Sticks (Syrup) Diced Peach Milk	Seasoned Red Beans, White Rice Chicken nuggets, Pineapple Tidbits Juice	Graham Crackers (individual) Orange Juice.	W E E K # 2
T	Cheese Quesadilla Banana, Milk.	Macaroni with Meat (Cheese) Garlic Bread, Sliced Apples, Milk	Ritz Crackers, Fruit Sorbet	
W	Raising Mini Bagel (Cream Cheese) Pear Milk	Brown rice, Black Beans, Breaded Fish sticks, Diced Pears, Popsicles	Cheese crackers Milk	
TH	Corn Flakes Cereal, Orange Sections, Milk.	Rice with Baked Chicken, Potatoes chips Juice	Cheese Slices, Soft Tortilla	
F	Biscuit (butter) Fresh Orange, Milk	Beef Patty on a Bun, Lettuce & Tomatoes, Baked French Fries Chocolate Milk	Goldfish Crackers, Yogurt	

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FEBRUARY 17-21

	BREAKFAST	LUNCH	SNACK	
M	Monday, January 17 President's Day No School			W
T	Sliced Bread Toast (Butter) Fresh Pears, Milk	Hot dog Baked French Fries Tropical Fruit Juice	Saltine Crackers, Apple Sauce Individual	E
W	Mini Pancakes (Syrup) Banana, Milk	Fish Patty on a Bun Tomatoes, Baked sweet potatoes, Soda	Sliced Apples (individual bags)	K
TH	Cheese Omelet, Bread, Diced Peaches, Milk	Congris (Black Beans) Chicken Tenders, Apple Sauce Individual,	Blueberry muffins, Orange Juice	#
F	Assorted mini muffin, Sliced Apples, Milk	Beef Tacos, Soft Tortilla, Lettuce & Diced Tomatoes, Cheddar Cheese, Fruit Cocktail, Juice	Yogurt Animal Crackers	3

Elementary/Middle Weekly Menu 2020

FEBRUARY 24-28

	BREAKFAST	LUNCH	SNACK	
M	Corn Flakes Cereal, Mix Fruit Cocktail Milk	Lentil Soup, Brown Rice, Ham Slice, Apple Sauce individual	Cheese Sticks Strings, Wheat Crackers	W E E K # 4
T	Cinnamon raising Bagel (Cream cheese) Fresh Sliced Apples Milk	Brown Rice with Ham & Corn, Baked Chips Juice	Graham Crackers, Milk	
W	French toast Sticks (syrup), Diced Peach Milk	Macaroni (Sauce and Cheese) Chicken Tenders, Sliced Peach, Milk	Goldfish Cracker Pretzels, Apple Sauce	
TH	Biscuit (butter), Fresh Orange sliced, Milk	Turkey Picadillo Brown rice, Sweet Plantain Diced Peaches, Popsicles	Ritz Crackers, Orange Juice.	
F	Kellogg's Crispy Cereal, Banana, Milk	Chicken Patty on a Bun, Lettuce & Tomatoes, Assorted Chips Fruit Cocktail, Soda	Banana muffin, Orange Jell-O.	