

Elementary/Middle Weekly Menu 2020

MARCH 2-6

	BREAKFAST	LUNCH	SNACK	
M	Pancake (syrup) Fresh slice Apples Milk	Black beans & White rice Fish nuggets Fruit Cocktail, Milk	Wheat Twins Crackers Apple Juice	W
T	Cheerios Cereal (GF), Fruit Cocktail, Milk	Spaghetti with Ham (Sauce & Cheese) Garlic Bread Juice	Yogurt Pretzels	E
W	Blueberry muffins, Fresh sliced Orange Milk	Pork Picadillo, Brown Rice, Sweet plantains, Popsicles	Animal crackers Milk	E
TH	Egg Patty, Whole Wheat Toast Diced Peach, Milk	Chicken Patty on a Bun, Lettuce & Tomatoes, Tater Tots, Chocolate Milk	Cheese Strings, Saltine Crackers.	K
F	Rice Crispy Cereal, Fruit Cocktail, Milk.	Subway Meatball sandwich, Potatoes Chips Assorted Cookies Soda	Assorted Mini muffins Orange Juice	#
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Elementary/Middle Weekly Menu 2020

MARCH 9-13

	BREAKFAST	LUNCH	SNACK	
M	French toast Sticks (Syrup) Diced Peach Milk	Seasoned Red Beans, White Rice Chicken nuggets, Pineapple Tidbits Juice	Graham Crackers (individual) Orange Juice.	W
T	Cheese Quesadilla Banana, Milk.	Macaroni with Meat (Cheese) Garlic Bread, Sliced Apples, Milk	Ritz Crackers, Fruit Sorbet	E
W	Raising Mini Bagel (Cream Cheese) Pear Milk	Brown rice, Black Beans, Breaded Fish sticks, Diced Pears, Popsicles	Cheese crackers Milk	K
TH	Corn Flakes Cereal, Orange Sections, Milk.	Rice with Baked Chicken, Potatoes chips Juice	Cheese Slices, Soft Tortilla	#
F	Biscuit (butter) Fresh Orange, Milk	Beef Patty on a Bun, Lettuce & Tomatoes, Baked French Fries Chocolate Milk	Goldfish Crackers, Yogurt	2

Elementary/Middle Weekly Menu 2020

MARCH 16-20

	BREAKFAST	LUNCH	SNACK	
M	Kaiser Roll (Butter), Apricot Halves, Milk	Split Peas, Brown Rice, Ground Beef, Sliced Pears, Apple Sauce (individual)	Cheese Crackers Milk	W
T	Sliced Bread Toast (Butter) Fresh Pears, Milk	Hot dog Baked French Fries Tropical Fruit Juice	Saltine Crackers, Apple Sauce Individual	E
W	Mini Pancakes (Syrup) Banana, Milk	Fish Patty on a Bun Tomatoes, Baked sweet potatoes, Soda	Sliced Apples (individual bags)	K
TH	Cheese Omelet, Bread, Diced Peaches, Milk	Congris (Black Beans) Chicken Tenders, Apple Sauce Individual,	Blueberry muffins, Orange Juice	#
F	Assorted mini muffin, Sliced Apples, Milk	Beef Tacos, Soft Tortilla, Lettuce & Diced Tomatoes, Cheddar Cheese, Fruit Cocktail, Juice	Yogurt Animal Crackers	3

Elementary/Middle Weekly Menu 2020

MARCH 30 -APRIL 3

	BREAKFAST	LUNCH	SNACK	
M	Egg Patty, Whole wheat bread toast, Fruit Cocktail, Milk.	Brown Rice, Ground Beef Sweet Plantains, Sliced Pears, Milk	Animal Crackers, Milk.	W E E K # 5
T	Corn Flakes Cereal, Fresh Orange Sliced, Milk.	Fish Patty on a Bun Tomatoes, Curly French Fries, Fruit Cocktail, Soda	Banana Nut mini muffin, Yogurt	
W	Cinnamon raising Bagel (cream Cheese) Fresh Pears Milk	Seasoned Red beans, White rice, Chicken nuggets, Pineapple Tidbits Milk	Saltine Crackers Cheese Strings	
TH	Kaiser roll (Butter) Diced Peaches Milk	Macaroni with Meat (cheese) Garlic Bread, Sliced Apple Juice	Pretzel, Apple Sauce (individual)	
F	Waffles (Syrup) Fresh sliced Apples, Milk	Brown rice, Turkey Ham Chicken Soup, Diced Peach, Chocolate Milk	Graham Crackers, Assorted Juice	